



Life Cycle – Bikeability level 2 parental consent form

We are delighted to be able to offer our pupils Bikeability level 2, on-road cycle training. The course is funded by North Somerset Council and the Department for Transport and delivered by Life Cycle. Places are limited and will be allocated on a **first come first served** basis. There will be 3 groups with a maximum of 10 per group. Your child will need a roadworthy cycle to take part. After an initial assessment of their riding skills on the first session, they will be riding on-road, with qualified instructors and **must** be able to cycle already, it is **not** a beginners course.

The course dates are: **12th/13th Sept, 19th/20th Sept or 26th /27th September 2024**

Please make sure your child comes to school with

- Roadworthy cycle with two working brakes – See safety check details below.
- Helmet
- Weather appropriate clothing (raincoat, gloves, sunscreen etc.)
- Water bottle
- Lock - cycles are to **be locked** in the bike shed on arrival at school.

What to do now

- Keep this page for your information.
- Complete and return the following page to school.
- **Check your child's cycle in advance** and fix any problems; please remember to pump up tyres and to make sure the cycle has a front and rear working brake.

What to do now:

- Keep this page for your information.
- Complete and return the consent form to school by: **FRIDAY 12th JULY**
- Check your child's bike in advance and fix any problems.

Bikeability Participant's Hub:

- Find out more about Bikeability as well as useful hints and tips on riding together as a family and enjoying cycling after your Bikeability course
- Register at: www.bikeability.org.uk

Remember your...

A

AIR

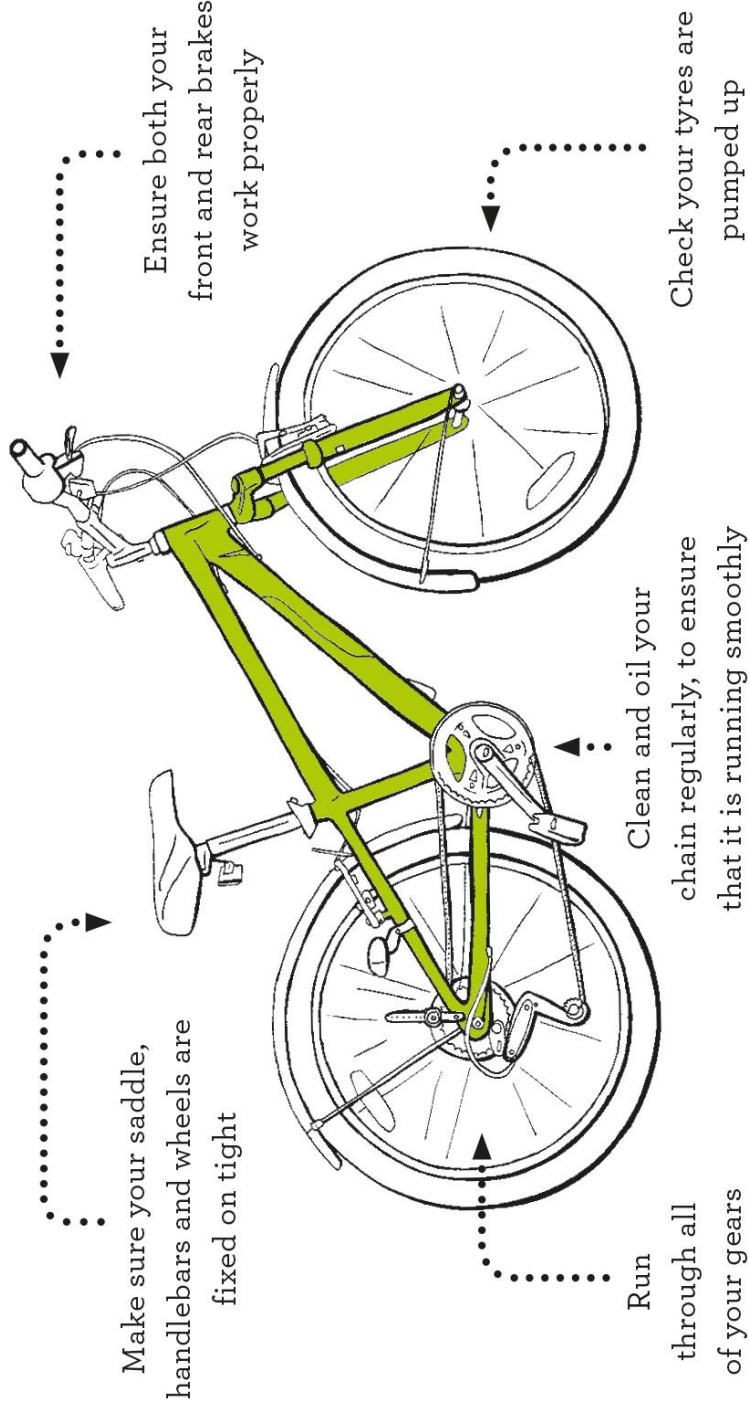
B

BRAKES

C

CHAIN

before every ride



Life Cycle – Bikeability level 2 parental consent form

Child's Name:

Age:

School:

Class:

Your Name:

I am the parent / legal guardian of the child I am registering and give my consent for them to participate in cycle training provided by Life Cycle. I understand that:

1. My child must have a **roadworthy cycle** and helmet to participate.
2. Training will take place in public spaces and on public roads.
3. Life Cycle is not liable for any injury, loss or damage to persons or property before or after the session including on journeys to and from the venue.
4. Completion of the training session does not mean that it is safe for my child to cycle in all conditions. To become a proficient cyclist takes practice.
5. The instructors may at any time refuse to continue to train my child if their behaviour or ability level is deemed to be unsuitable.
6. My child must attend all sessions to complete the course, any missed sessions may mean they are unable to pass the course.

Does your child have special educational needs, physical needs or need support with behaviour?

Yes/No

Does your child have any medical condition we should be aware of?

Yes/No

If yes to either of the above, please give details:

Signed:

Date: