



Life Cycle – Bikeability level 1 parental consent form

Life Cycle UK – Bikeability Level 1 Parental Consent Form

We are delighted to be able to offer our pupils Bikeability level 1, cycle control skills training. The course is funded by North Somerset Council and the Department for Transport and delivered by Life Cycle. Places are limited and will be allocated on a **first come first served** basis. There will be 3 groups with a maximum of 10 per group. Your child will need a roadworthy bicycle to take part. They will be riding within the school's grounds, with a qualified instructor and **must** be able to cycle already, it is **not** a learn-to-ride course.

The course dates are: **12th Sept, 19th Sept or 26th September 2024**

Please make sure your child comes to school with:

- Roadworthy bike – See safety check details below.
- Helmet
- Weather appropriate clothing (raincoat, gloves, sunscreen etc.)
- Water bottle
- Lock - Bikes are to be locked in the bike shed on arrival at school.

What to do now:

- Keep this page for your information.
- Complete and return the consent form to school by: **FRIDAY 12th JULY**
- Check your child's bike in advance and fix any problems.

Bikeability Participant's Hub:

- Find out more about Bikeability as well as useful hints and tips on riding together as a family and enjoying cycling after your Bikeability course
- Register at: www.bikeability.org.uk

Remember your...

A

AIR

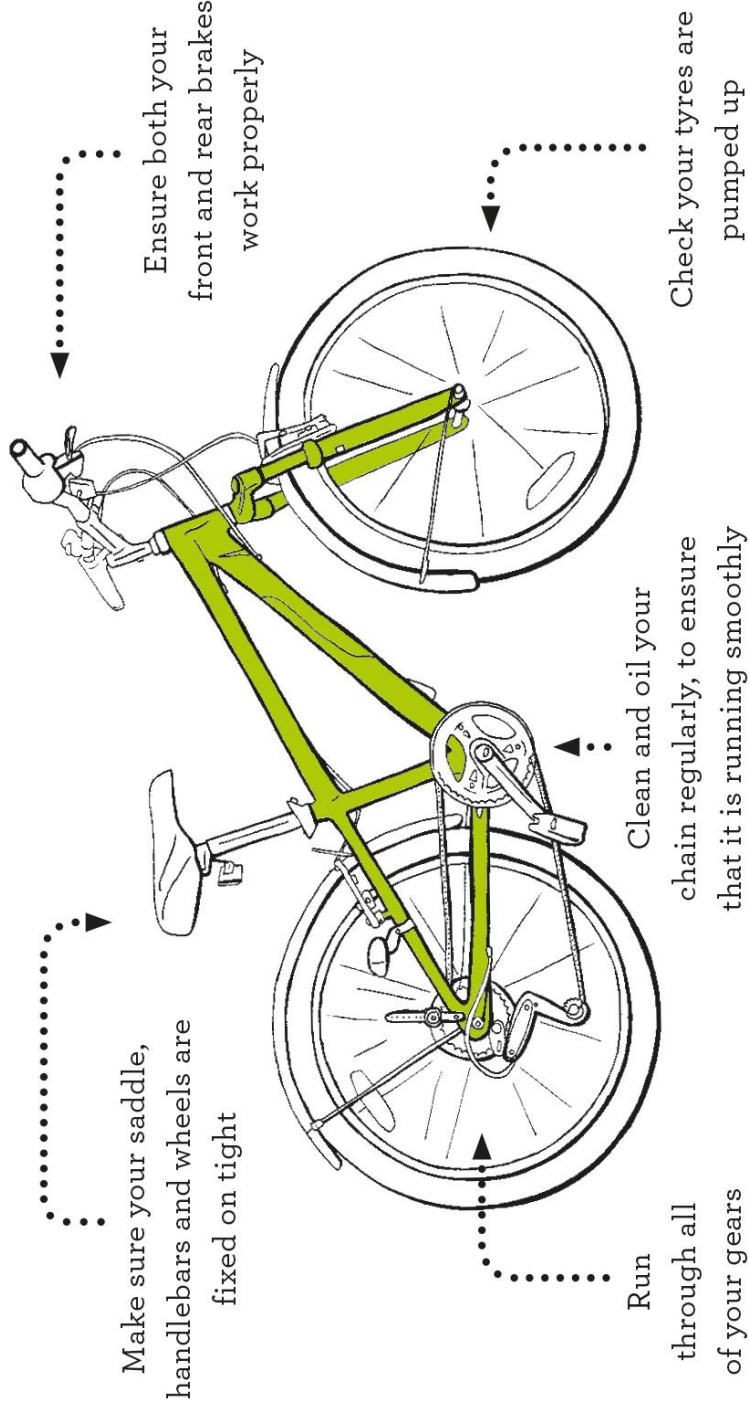
B

BRAKES

C

CHAIN

before every ride



Life Cycle – Bikeability level 1 parental consent form

Child's Name:

Age:

Gender:

School:

Class:

Your Name:

I am the parent / legal guardian of the child I am registering and give my consent for them to participate in cycle training provided by Life Cycle. I understand that:

1. My child must have a roadworthy cycle and helmet to participate.
2. Training may take place in public spaces.
3. Life Cycle is not liable for any injury, loss or damage to persons or property before or after the session including on journeys to and from the venue.
4. Completion of the training session does not mean that it is safe for my child to cycle in all conditions. To become a proficient cyclist takes practice.
5. I accept that the instructors may at any time refuse to continue to train my child if their behaviour or ability level is deemed to be unsuitable.
6. My child must attend the whole session to complete the course, or they may be unable to pass the course.

Does your child have special educational needs, physical needs or need support with behaviour?

Yes/No

Does your child have any medical condition we should be aware of?

Yes/No

If yes to either of the above, please give details.

Signed:

Date:
